

The ISIS School of Holistic Health Newsletter

Issue 15: September 2017



**ISIS, the Mother of
All Beings, offers
these words of wisdom**



These are the words of ISIS, as channelled by Fotoula Adrimi

Your world is in a place of transition. High vibrational energies flow to the earth, revealing all that has been hidden over centuries of existence. As the light flows into your world, it also flows into yourself to reveal all that you have carried in your being over many lifetimes; the places that need healing, the places where you hold gifts.

For some of you, the pain of this incarnation, and your soul gifts, have the same origin. The pain has masked the gifts. As you heal and gradually release the pain you discover the incredible gifts that lie underneath.

Sometimes though you can be stuck in the pain. The same is true for the world around you. Sometimes you can get stuck in a negative view of the world.

In order to create a positive shift both globally and in your personal life, approach both with a sense of detachment and unconditional love and compassion. This is so easy and, at the same time, so difficult for you to do. In the earthly reality you are not used to extending unconditional love towards what you consider ugly, unskilful or dark. Yet, transformation can only take place through love, despite what the mind thinks, that love is weak and ineffective.

The Universe was created through an act of love. You are the embodiment of Divine love. Love is the most powerful force available to you now.

To contact The ISIS School or join the mailing list and receive the monthly newsletter,
please email: info@isis-school.com

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Practice - Transforming the World through the Power of Love

ISIS continues -

I suggest you take a few minutes each day to do this very simple exercise. The more you practice this, the more powerful the shifts you can collectively create.



The Practice

Imagine that, as you breathe in, you are breathing in the love of the world and, as you breathe out, you are breathing out love to the world. With each breath you open your heart centre, until your inner radiance shines out.

In this beautiful space, affirm to yourself that you are the love of the world.

Now, allow the power of love to flow from your heart into your body. Let love flow to all your tissues and organs and into every part of you. Let love speak to you about your patterns and blockages, and about your inherent gifts and soul's journey. Ask the power of love to heal, reveal and embrace all aspects of your being.

In this place of inner radiance, let the love flow from your heart to all beings, to the planet, to all the places in the world, to the rich and poor, the cities and mountains, the schools and war zones. Do this without judgement, resentment or anger. Let the love flow to all the governments, corporations and banks, to all the institutions and to all the people who work in them without prejudice. Divine love is there for all, no matter who they are or what they have done.

Affirm: "I am the power of love".

Stay in this space for as long as you like, radiating the power of love.

At the end, focus in your heart centre, which is glowing like a star. Give thanks for this meditation and for your contribution in creating a positive shift in your life and the world reality.

The ISIS Practitioner Training

In 2006 ISIS (ISET) asked Fotoula Adrimi to be her teacher. This has become a momentous task. Even though Fotoula has worked with high vibrational energies and taught the mystery school teachings in many other lifetimes, she had very little memory of what was involved.

Since 2006 Fotoula has become the “Voice of ISIS”. The teachings she has channelled, and continues to channel, are not about the feminine, or ISIS herself, or ancient Egypt. These teachings are the hidden wisdom; the path of initiation towards inner realisation.



Fotoula had no idea of the power of the energies and the transformation they would bring to her being. As she practiced with this Light, she experienced expanded states of awareness that have stayed with her, even when her life has been eventful. The connection with source, through the ISET teachings and practices, is palpable and informs her thinking. Gradually, she is unveiling her Divine Self.

ISET has called these teachings, The Seven Gates of Awareness into the Divine Self.

These Gates are energy fields that activate an inner knowing. At the same time, life events become further teachings. Every aspect of the Self is slowly revealed and integrated. The gift of ISIS (ISET) is wisdom.

The incredible Light permeates All

Fotoula’s passion and calling has always been shamanism, but the ISET work permeates every spiritual practice she does and elevates it to a higher level. People from different spiritual traditions, who have studied with Fotoula, have found the same. A Buddhist practitioner, who had struggled for years with complex visualisations, said that, through the ISET teachings, her practice has been transformed, understood and integrated at another level. No matter what path you follow, this incredible Light permeates all.

ISET has shown Fotoula that in the distant past, there was only one human tribe, the Rainbow people. Everyone lived together, regardless of their colour or race, in one world community. The spiritual practice, or religion as it is now called, was not dogmatic, but based on higher understanding and direct communication with the light realms and the Divine Will.

When humans fell from this state of grace and separated into different tribes, the teachings of the ancient knowledge were preserved in the Mystery Schools and some archaic spiritual traditions. Eventually, they were either lost or tainted by human intervention, until little of the original wisdom remains for those who seek the Light.

With The Seven Gates of Awareness teachings, ISET is offering people a path to return to their own wisdom and state of grace. Some people have a soul memory of this path and they are called to this work. Whilst, for others, it is a new road that they have found. The road may be short or long, arduous or easy, depending on each person's soul evolution.

No matter how long it takes, the path leads people to one place: the embodiment of their Wise Self, their inner Divinity and state of grace.

Details for the next Spiritual Path of ISIS, Part 1, which is the introductory Gate 1 course for people who wish to walk the Path of ISET are shown below:

Course: The Spiritual Path of ISET - Part 1

Date: 10:00-17:00, Fri 22nd - Sun 24th September

Venue: Glasgow

Cost: £240; deposit £120

For further enquiries about the course or to make a booking, please email Fotoula: [**fotoula@isis-school.com**](mailto:fotoula@isis-school.com)

News of The ISIS School

Introductory Shamanic Practitioner Workshop - The Path of the Eagle

An introductory Shamanic Practitioner workshop is being held in November and facilitated by Fotoula Adrimi.

Fotoula is part of a global network of experienced shamanic teachers who share the shamanic ways with integrity and love. She has been teaching shamanism for many years to those who wish to walk this ancient path of direct revelation.

The introductory workshop, is part of the on-going shamanic practitioner course, and is a prerequisite for advanced teachings of shamanic healing. This workshop is about personal power and how it can be retrieved for both ourselves and others. Power retrieval is key to stepping out of the conditioned world's power games around control, abuse, victimhood and inner numbness. In order to find our 'mojo' we ally with the limitless power of the Universe. Workshop details:

Course: **The Path of the Eagle - The Journey of the Shaman and retrieval of personal power**

Date: 10:00-17:00, Sat 25th - Sun 26th November

Venue: The Library, Glasgow Theosophical Society

Cost: £160; deposit £80

For further enquiries about the course or to make a booking, please email Fotoula: [**fotoula@isis-school.com**](mailto:fotoula@isis-school.com)



Courses, circles, retreats & transmissions

ISIS Trainings and Refresher Day - September-October 2017

- 22-24 Sept** **The Spiritual Path of ISET - Part 1** for people who wish to walk the Path of ISET
- 30 Sep-1 Oct** **The Healing Path of ISET - Part 1**, for those who have completed Spiritual Path 2
- 21 October** **The ISIS Refresher Day** - open to all Initiates
- 3pm, 29 Oct** **ISIS Ceremony** - The Mysteries of AUSIR (OSIRIS) - open to all Initiates

To book for any of these events email Fotoula: fotoula@isis-school.com

Glasgow Shamanic Circle

The **Glasgow Shamanic Circle** - the **Way of the Drum** will meet twice in September - 18th and 25th at the Glasgow Theosophical Society, 17 Queens Crescent.

The new and unique **Online Shamanic Course: A Journey of Initiation**, starts on 19th September. The course consists of seven modules over seven months. Each module is a step in the journey, building our connection with our limitless self and the high vibrational energies of the cosmos.

The next beginners shamanic course: **The Path of the Eagle - The Journey of the Shaman and retrieval of personal power** is on 25-26 November.

For more information or to book a place on any of these shamanic circles and courses email Fotoula: fotoula@isis-school.com

Meditation Groups - September

- 16th Sept** The **Monthly Meditation Group** facilitated by Fi Sutherland and Fotoula Adrimi, meets in the Library of the Glasgow Theosophical Society, 10:00-13:00.

Fi continues to facilitate a heart-full **meditation and chanting circle** on Thursday evenings from 7.00-8.30pm. **Sept dates** - 14th, 21st, 28th. For more info, and to book, email Fi: fi@isis-school.com

Overseas Workshops and Rays of Divine Consciousness Retreat - 2017

- 07-09 Sept** **The Spiritual Path of ISIS, Part 1** - Workshop in Southern Germany, and
- 10 Sept** **Ceremony at the Hill of the Unicorns**. to book: email Claudia Wolff cwu@gmx.de
- 07-13 Oct** The week-long **Rays of Divine Consciousness Retreat** takes place annually in Kilmartin, Scotland. The Rays Retreat is a great opportunity to purify our karma work on our life path, and rebalance our DNA.

Energy Transmissions (open to everyone, world-wide) - September dates

The **ISIS Energy Transmissions** continue on Wednesdays evenings from 19:00-20:00 (UK time). The Transmissions are open to all. In September transmissions take place on the 13th, 20th and 27th. Please email info@isis-school.com if you wish to connect with any of the Transmissions.

The **Rays of Divine Consciousness Transmissions** take place once a month. The next Rays Transmission is on Sunday, 17th September from 14:00-15:00 (UK time). There is no need to let us know if you are connecting with the Rays Transmission.