

Newsletter – the ISIS School of Holistic Health Ltd



Issue 96: November 2024

ISIS (ISET) Divine Mother of All offers words of wisdom to support our soul's evolution



This is ISET (ISIS) the Divine Mother speaking (*channelled by Fotoula Adrimi*)

The time has come to access the infinite being that exists within you. Inside you is a Light that is so bright and yet so quiet. A Light that is ever-loving, and that offers the luminosity of its being abundantly. A Light that knows and simply is. May you adopt this intention, "May I experience the Light that I am."

This Light is not just another energy. It is neither small, nor big, neither subtle, nor powerful. It cannot be described by words, for words become meaningless when you try to define this Light. This Light can only be experienced.

Everyone has unique gifts and ways to experience this Light. This means that no experience is more valid than any other. There is no right or wrong experience. It is unique to you.

In order to experience your Light, you will travel many steps – some up, some down, some steep, others comfortable. The way to experience this Light is for your human self, your personality, your egoic mind, to allow you to get a glimpse of this Light and come into a state of awe and appreciation of its sacredness. A way to do this is to take the road less travelled, the path of transcending the ego. This is the work you have been doing if you are walking a spiritual path of Light.



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Please do not teach this material as your own, as this is unethical.

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There are many ways to transcend the ego and you need to find your own way. You need to hold a mirror that shows your ego and a big heart that allows you to embrace yourself with no judgement, so that the ego can be healed and feel safe enough to release its grasping, attachments, and desires.

The ego is looking for its place in the world, and defines this place through what it knows of how the world operates. The ego limits you because it only has the physical world as its reference. And the ego is validated in the world, and this validation, whether it comes from people, success, material possessions, and social position, stops you from growing. When the ego becomes validated externally you lose the ability to show yourself a true picture of who you are. You lose access to your luminous, spiritual being.

The Light that you are cannot be appreciated by the ego, unless you do the work to heal the ego. This is what you have been preparing for through all the journeys, initiations, and practices. The luminous Self must become known to the ego, and the ego must be ready to accept and realise the sacredness of the luminous Self. In that way the journey unfolds towards enlightenment and true realisation.

The spiritual practices I teach take you there, step by step, lifetime after lifetime. The path to ascension has been practiced on the Earth for thousands of years, irrespective of what is happening in the world.

**When you walk the path of your soul
the way opens for you to make changes
in how you live your life**



Image : DerWeg

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The path of inner transformation calls you back now

In walking the path of your soul, you find that the way is open for you to make changes to the way you live your life. Yet these changes may be subtle for a long time, until the winds of change break the doors open for you to walk through. The calling is asking you to go with the flow, until the time is ripe. Hold the bigger picture and your intention in your mind, until the time is ripe.

It is the same with the Earth reality. The changes in consciousness offer the opportunity for a worldwide awakening. Yet these changes are subtle for they come from within the sacred heart you all carry. We ask you to hold in your heart the intention of the sacred Earth. This is the new reality that emerges through humanity's higher consciousness, even if the road takes you collectively through many twists and turns.

Egyptian Mystery School Teachings The Path of ISIS Introductory Course - *The Spiritual Path of ISET, Part 1* New In Person and Online dates for 2025

The **Spiritual Path of ISET, Part 1** is the introductory 3-day course for the Path of ISIS teachings. These teachings are a path to Awakening and Ascension that support us to embody our Divine self. Their aim is to open us to the Light of the World, so that we can become that Light, the Living Light, the Light of our essential nature. The course involves an Initiation process that opens the way for participants to channel the high energy vibrations of the Living Light.

The Course will be taught In-Person and Online in 2025

In Person: Glasgow, Scotland - 10.00-17.00, Friday 28th - Sunday 30th March

Online: 12noon - 18.30 (uk), Friday 11th - Sunday 13th April

Investment for each 3-day Course: £399.00; Deposit: £200.00 (by bank transfer)

For more information about the the Teachings of the Living Light, see the [website](#)
For bookings and bank details email the School - info@isis-school.com



ISET Initiates Community Page

(The information on this page is for ISET Initiates who have taken initiation into the Path of ISIS / Path of the Living Light through attending the Spiritual Path of ISET, Part 1: 3-day Course)

Online ISET Initiates Circle - Next Circle: Tuesday 12th November

In this Circle we work with the light force energy of the Earth. We speak about the teaching from the ancient Egyptians, which says, "the Earth fertilises the Sky." We will also work with the dark light that is brought through ONPU. This light is deeply healing and helps us enter states of profound relaxation. (The word dark refers to its deeply relaxing colour. This light works for the highest good).

Circle Date: 19.00-20.30 (uk) Tuesday 12th November

Investment: £15.00 (or join the monthly plan - see [website](#))

Just Announced - ISET Pyramid Text Ceremony

On **Saturday 21st December** ISET Initiates are invited to an **In Person & Online Ceremony** from the **Pyramid Texts**. The Ceremony will take place from 17.00 - 21.00(uk) and will be held in Fotoula's flat (depending on number attending).

There is no cost for this Ceremony. For those joining in person please bring offerings for the altar which we will all share afterwards. (If connecting online you can create your own altar with offerings). Please email us to book your place.

(Ceremonials can also be worn)

2024 Path of ISIS Courses

The dates for Path of ISIS Courses for 2024 & Gate 1 Courses for 2025 are on the website in the [ISET Initiates Community Page](#)

The courses below have spaces if any Initiate wishes to repeat

Healing Path of ISET, Part 1 Course - 3 days, 10.00-17.00, 8-10 Nov

The third course for Gate 1 of the Path of ISIS Teachings

Gate 4 Course - 3 days, 10.00-17.00, 15-17 Nov

The next Course after AUSIR 2 (*Initiation - Thurs 14th Nov*)

Healing Path of ISET, Part 2 Course -

3 days, 10.00-17.00, 13-15 Dec 2024

The fourth course for Gate 1 of the Path of ISIS Teachings



Priestess of the Moon Training

A new Circle will open in February 2025



This two-year Training supports women to embody their sacred power. Since 2012 many sisters have stepped onto this path, answered their soul's calling, changed their life, and are bringing their soul gifts to the world.

The Course weaves around the Wheel of the Year through the Circle of the Sun Festivals and the deeper Circle of the Celtic Fire Festivals. It is based on the Goddess wisdom of the Celtic lands that flows through the seasons with the Birth of Light (Bridget), and the descent into the darkness (Cailleach Bheur).

We also align with the Moon energies as the Moon births, grows, comes into fullness and then wanes and dies, to be reborn once again. Like the Moon we experience these changes in our body and blood, and in our Womb Temple of Creative Power.

The Priestess Training begins with an Initiation in a Stone Circle of the Sun and Moon, an ancestral place of power, where we make the commitment to walk the Path of the Priestess and support each other as women co-creating a Circle of Sisterhood. We bring our gifts into the world and share them with All.

The Course will teach you how to hold Ceremony for yourself, the circles of people who will come to you, and the people who wish to go through Rites of Passage. During the two years we share the Priestess of the Moon Ceremonies:

- the Sun Festivals - the equinoxes and solstices, and the Fire Festivals - Imbolc, Beltana, Lammas, Samhain;
- the different phases of the Moon - the dark moon, new moon, waxing moon, full moon, waning moon;
- Ancestral healing ceremonies;
- Womb Rites - womb healing and activation;
- Naming ceremony - for babies and adults;
- Funeral service;
- Sacred Marriage to the higher self;
- Hand Fasting Ritual;
- Working with the Fae and spirits of the land;
- And many other ceremonies and teachings.

This is a practitioner course that the ISIS School of Holistic Health has been teaching since 2012. The 'Priestess of the Moon' Training is trademarked in the UK as part of the ISIS School of Holistic Health. It cannot be taught by others at the moment as we have not taught a teacher training programme.

This Training gives you the opportunity to share the Ceremonial work as a practicing Priestess and hold the Ceremonies for others and for your community.

As part of the Training you receive a manual with all the Ceremonies.



How to Join the Priestess Training

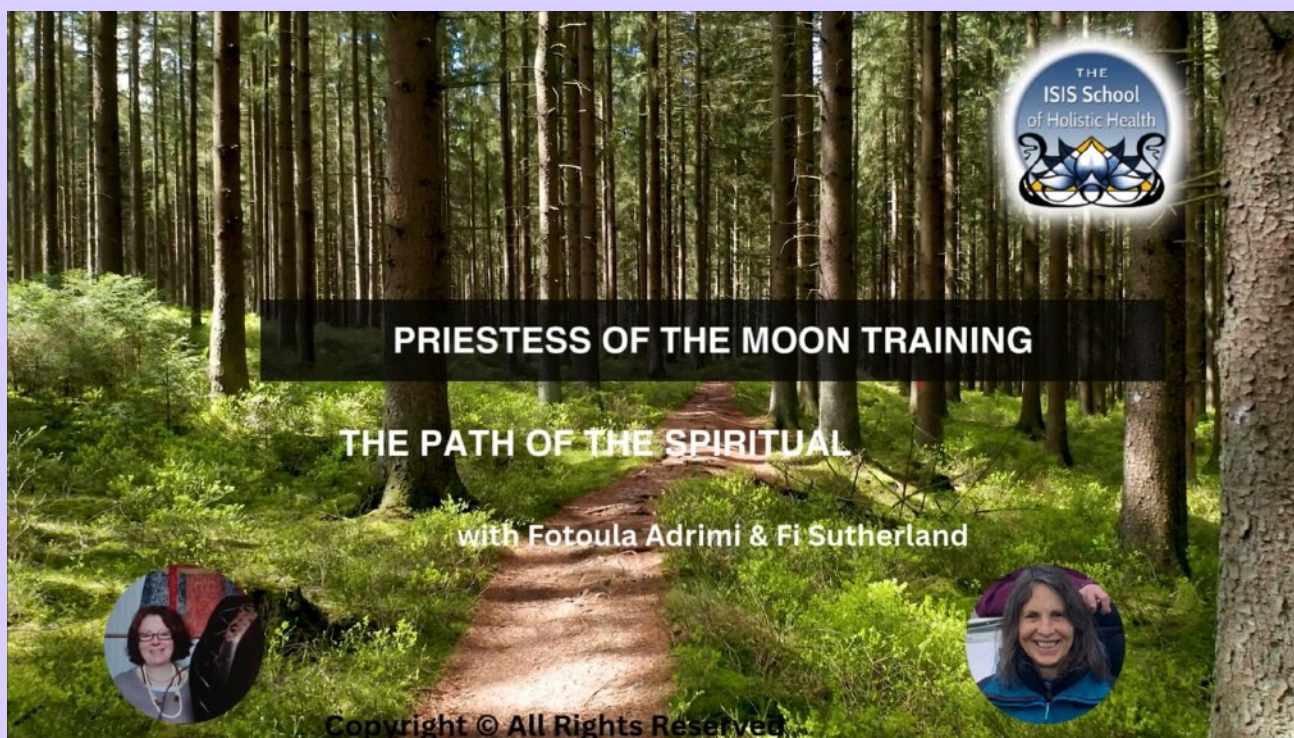
This will be a Circle of women who are committed to working together for two years. This is a huge commitment. It means that you have to attend the two residential retreats and the seven weekend trainings which are all in-person. In exceptional circumstances you may be able to join the training online. If you miss one weekend, you need to arrange a day with Fotoula, to go over the teachings. You are only allowed to miss one weekend during the two-year Training.

Participants will need to complete the whole programme to graduate. Apart from the first and last weekends which take place in Kilmartin, Scotland, all training weekends will be held in the Glasgow Theosophical Society, 17 Queen's Crescent, Glasgow, G4 9BL, Scotland, UK.

Registration for this course is now open. Please email us for the Registration forms: info@isis-school.com

For people who have not worked with us before, when we receive your Registration Forms we will arrange a zoom chat so that we can meet each other, speak more about the Training, and answer any questions you may have.

Click anywhere in the picture below to play the song channelled by Fotoula



[Read More about this powerful Training](#)

Shamanic Soul Retrieval Practitioner

5-day course: Healing the Fragmented Self

Online Live via zoom - 20-24 November 2024

taught by Fotoula Adrimi - Shamanic Teacher

This is the epitome of shamanic healing practice, and is either for people who have already completed a lot of shamanic training and have attended a Shamanic Introduction Course that includes Power Retrieval. Or, it is for anyone who has already completed a two-day shamanic soul retrieval workshop with another teacher and who wishes to expand their knowledge and elevate their work, either personally, or to work with others.

According to shamanism, experiencing a traumatic event or major shock may cause soul loss. Part of our soul leaves because it would have been too traumatic to experience the full extent of the event consciously. As a result we may find ourselves operating on automatic pilot, taking little pleasure in life. We may feel resentful and dissatisfied, unable to feel happiness.

Other causes of soul loss can be violent relationships, violence, war, death of a loved one that leads to unending grief, accidents, surgery, and coma.

In this course you will receive a soul retrieval and you will also learn how to perform a soul retrieval for others. In addition you will learn the practice of soul remembering which is about reactivating the intention for being born in this life. You will also learn how to support your clients after soul retrieval and how to work with the body. Finally this workshop will also teach you about soul retrieval for the land, buildings and businesses.

Fotoula Adrimi is an experienced shamanic teacher and practitioner who has helped thousands of people find their calling through shamanism and alternative spirituality. She trained with some of the most well known indigenous and western shamans, including the Shamanic Teacher Training with Sandra Ingerman, and she is an active member of Global Shamanic Teachers. The five day soul retrieval workshop is part of the prerequisites for the shamanic teachers training.

Time and Dates: 12:00-18:00 (UK), 20-24 November 2024

Investment: £875.00 **Deposit:** £400.00 (to secure your place)

Book your place by email: info@isis-school.com Maximum 6 participants



Shamanic Dance of the Sacred Spirits

In Person, Glasgow - 18.00-21.00, Mon 23rd Dec

We meet just after the Winter Solstice, after the light is reborn, to dance a sacred dance



The Ceremony is a healing dance for the Earth, everyone taking part, and all beings. It is a dance to bring change to our world and increase the vibration of the Earth, healing disharmony and suffering. This is a circle of service, for those who have a pure intention to work for the highest good.

In the dance we will merge with helping compassionate spirits to bring healing to ourselves and the world reality. We will journey to the spirits of the dance and then invite them to come through our body as we move to the sound of the drum, chanting, and tribal music. We will release heavy energy and bring in higher vibrational Light. At the end we will do a transfiguration practice to release the spirits. Fotoula has also found that just before the ritual ends, beings who have died but have not gone to the light can come to the altar for release. If this happens she will guide a psychopomping.

If you wish to come and cannot dance or dance for the whole time, do not worry. You can sit and participate with your intention, play your drum or rattle, and still be part of the ceremony. The dance part of the ceremony only lasts 30-45 minutes.

There will also be time for a sharing space where we can speak the wisdom that comes through our wise heart.

Before the Dance Starts

Fotoula will speak about the history of the sacred dance, the inspiration behind it, and what it all means - how from ancient times shamans have merged with helping spirits to dance and bring through healing Light.



After the Dance

At the end, we will offer everyone a cup of Greek Mountain Tea (herbal, caffeine-free). The tea comes from the herb known locally as Sideritis. The name, Sideritis, invokes a wish for people drinking it to have an iron constitution. It is a well-being herbal remedy with no known side-effects. In Greece people drink the tea for all ailments, especially for winter blues, colds, and snuffles. The herb grows abundantly throughout the Greek mountains, however the healing properties are only found in varieties that grow 1200 metres above sea level. This is why it is known as mountain tea that is picked by local village people. Traditionally the tea is served by itself, or you can add some honey and lemon. For those who prefer something else, we will have a selection of organic herbal teas.

As it is the festive season, we will also celebrate with some mince pies with a gluten free option, so that we are beautifully grounded after the ceremony.

If you have any questions, please contact Fotoula - info@isis-school.com

Details about the Ceremony: Shamanic Dance of the Sacred Spirits

- ★ **Time and Location:** 18:00-21:00 (*Please note we start at 18:00 not 19:00*)
- ★ **Venue:** Library, Glasgow Theosophical Society, 17 Queen's Crescent, Glasgow
- ★ **Investment:** £33/£28 concession (payment by bank transfer to The Isis School)
- ★ **Bookings essential to secure your place:** Email to book: info@isis-school.com

For more information on the **Shamanic Courses and Shamanic Circle** offered by Fotoula Adrimi, Shamanic Teacher, please visit the website.

And we also offer a comprehensive series of **Online Shamanic Courses** -

[Visit the ISIS School Website](#)

[View our Online Shamanic Courses](#)

Join us Online for
a comprehensive
two day
Introduction to
Shamanism Course
facilitated by
Shamanic Teacher
Fotoula Adrimi
30th Nov - 1st Dec



Introduction to Shamanism - Course Overview

This is a unique workshop and teaching that will help you access your inner mystic, visionary and oracle, and discover the non-ordinary reality. You will have the opportunity to connect with your power animals and spirit guides. Through the ancient art of shamanic journey we grow our power and access our essence of love. We meet our spirit teachers and receive valuable insights on issues we may face and evaluate our personal life. We realise that we are not alone but part of a multi-dimensional universe that supports our growth. In our experience of over 17 years, shamanism has helped many overcome fear, sadness and gain confidence. People who attend this two-day Introduction to Shamanism course may feel that they are finally coming home.

The Course Covers

- foundation teachings on how to journey shamanically and access the different etheric planes in the lower, middle and upper worlds; how to open sacred space and work safely with your spirit guides and power animals;
- how to build a shamanic altar;
- what is classic shamanism and shamanic healing
- how to retrieve your inner power and carry out power retrieval for others.
- power songs and healing chants, working with the drum/rattle.
- how to work with the Medicine Wheel for deep alignment and direction.



Fotoula Adrimi

Fotoula is a highly experienced shamanic teacher and practitioner. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012. Fotoula teaches ancient methods of classic and cross cultural shamanism that have been practiced on the Earth for thousands of years.

Course requires advance booking with deposit to secure your place

Investment: £250.00

(half-price for anyone who wishes to repeat the course)

Deposit: £125.00, to secure your place
(non refundable and non transferable)

Online Course Dates:

12.00-18.30 (uk) (both days), Saturday
30th Nov - Sunday 1st Dec

To book contact Fotoula -
info@isis-school.com

More info

In Person Intro

The Rays of Divine Consciousness and their Potential for Spiritual Development

The Rays of Divine Consciousness flow to the world from the Heart of the Divine Creator. Over the last twelve years Rays practitioners have been bringing this energy into their body, awakening the Oneness aspect of their DNA. The Rays awaken the part of the spiritual DNA that is orientated towards Oneness, and at the same time, heal the 'basic' animal nature of the DNA that is orientated towards survival and separation.

Through the Rays spiritual practices, practitioners channel streams of light consciousness from the infinite Divine spirit, by elevating their consciousness into the eighth chakra - the incredible place of the multi-dimensional self.

This place has much to teach and show you. And in the Rays Retreat in 2025 participants will discover how to operate from that place and unite with their multi-dimensional self through the practice of the Rays.

During the Rays spiritual practice the basic consciousness is elevated to the all-knowing etheric consciousness of the eternal Self that travels through all dimensions and alternate realities, and is aware beyond space and time. By acknowledging and engaging with this part that experiences life through the eyes of spirit, participants will discover that a bigger perspective can emerge within them, where the states of separation lose their hold on them. Instead they may start to transform all aspects of themselves.

Healing the Spiritual DNA

The spiritual side of the DNA holds so much more than a genetic sequence. This spiritual aspect carries the potential to transform the physical and heal the separation that exists within people. The wheels of karma allow people to see how they operate in the world and to become aware of the limitations of their mind. Yet karma is only one of the vehicles of transformation, which is based on the experiential journey of life.

Purification of the karmic seeds through the fire of the luminous being is only possible as a result of the deep healing of the state of separation. Ceremony and ritual brings what is stuck in the unending turning of the wheel of karma into the forefront so that it can be seen, realised, released, and removed from the body. Healing the spiritual DNA takes people into a



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place of higher consciousness where the karmic wheels may change their cycles, as the old energies are no longer present.

This journey in healing the spiritual DNA is supported by rituals in the ancestral prehistoric sites that were purposefully built to encourage states of higher consciousness through higher vibrations of etheric energy. When these sites are opened through specific ceremonies they become a Temple of Light that can transfer the ancient knowledge of awakening to us from those masters who built them thousands of years ago, for that purpose. On the sacred land, the ancestors have left their bones made of stone, a legacy for people to inherit and work with, and continue their path of soul evolution.



Announcement

The Rays of Divine Consciousness Retreat

Tuesday 27th May - Sunday 1st June 2025

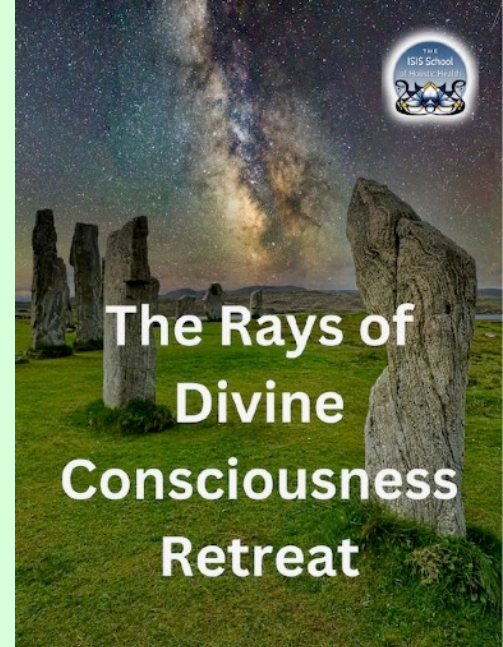
The next Rays of Divine Consciousness Shamanic Residential Retreat will be held in a venue near Kilmartin Glen, Scotland from Tuesday 27th May until Sunday 1st June 2025.

In the Retreat we will share teachings on Classic shamanism, as well as the teachings and spiritual practices for the Rays of Divine Consciousness. Fotoula received the Rays teachings through direct revelation on top of Dunadd Hill, Kilmartin Glen, Scotland, in 2012.

The Celtic land of Kilmartin Glen has been described as the Valley of the Kings. It is reputed that the Scottish Kings were crowned on the hill of Dunadd where an ancient footprint embedded in a rock, can still be seen today. The footprint marks a powerpoint where etheric energies merge. It is on this hill that we will connect with the Ancient Ones, the wise ancestors, and the spirit of the land that calls us back to the Glen for sacred work.

In the Retreat we will:

- ◆ Facilitate a ceremony in the ancient hill of Dunadd,
- ◆ Perform the Opening of the Crown Initiation to receive the Rays of Divine Consciousness,
- ◆ Participate in Ceremonies in other sacred sites
- ◆ Take part in a New Moon Fire Ceremony,
- ◆ Receive the teachings and practice the meditations of the Rays of Divine Consciousness that re-activate our spiritual DNA,
- ◆ Take part in Karma Purification Ceremonies, and
- ◆ Explore connections with the energies of the astral bodies through the ancient petroglyphs that have been left on the land by the ancient people.



In the Retreat we will be working in a small community to share these important teachings. We come together in an ancient and sacred part of Scotland where the ancestors, from the prehistoric stone circle builders to the Knights Templar, have left their mark. We will be supported and guided as we walk the path of the ancient Initiate by Enlightened Guides and the Enlightened Guardian Spirits of the land and sacred sites.

After the Retreat, for retreat participants who wish to continue working with the Rays of Divine Consciousness, there will be an invite to the monthly Transmission of the Rays of Divine Consciousness that takes place via zoom. In these monthly meetings we share a spiritual practice of one of the twelve Rays. As we do this we become a channel for that Ray to be transmitted to the whole of the Earth.

Cost of the Retreat and Start and Finish Times

The cost for the retreat includes: teachings and workshop, residential accommodation in shared rooms, vegetarian lunch and dinner (please bring your own breakfast - there are cooking facilities in each cottage). Coffees, teas and herbal teas are provided.

Booking is essential as places are limited and will be allocated on a first come basis.

The Retreat starts with dinner at **6.00pm on Tuesday 27th May**. You are welcome to arrive from 4.00pm. The Retreat finishes with lunch at **1.00pm on Sunday 1st June**.

Total fee: £1,025.00 **Deposit** £325.00 secures your place.

Please note the deposit is non refundable and non transferrable.

Participants can also arrange to pay the course fee over monthly instalments before the course begins

More information - on our [website](#). **To Book email** - info@isis-school.com

The Path of the Ancestors - Clearing our Lineage

It can take a lot of work to delve into our past, to find the places in our ancestral line where imbalances and blocks were created and healing is needed.

When we discover these places in our ancestral lineage, we understand that the pain that we and previous generations have experienced, was a call for help that could not be silenced. From the distant past the bones of our ancestors have been rattling around, for they are not at peace, and consequently we cannot be at peace. Through the DNA, the old karmic energies are carried forward until they are healed.



Step by step we can look into the genes we carry and uncover what needs to be made good. We cross the bridge to the other side and find and release what is dead within us. And we keep repeating the process - setting ourselves free more and more, until it is complete.

Ancestral work is a large aspect of Shamanism. Many of the difficulties we currently experience including addictions, originated with the ancestors. Moreover, some of our ancestors may not have died well. Perhaps they died in war or under other traumatic circumstances, and have attached to living descendants. In such case, there may be repeating patterns that we can identify - similar events that we share with our ancestors.

Fotoula Speaks

I became fascinated by the Shamanic Ancestral work when I realised a pattern in my family. The first born child emigrates/moves away from the family and community and starts a new life. I am the fourth generation that I know about, to experience this. My great grandfather emigrated to Egypt in the late 1800s after his father died. His son was abducted by the Turkish army and lost to the family. My father was exiled in 1973 to another area of Greece when he was caught by the military junta for supporting the return of democracy. And I left Greece in 1998, eventually settling in Scotland.

As I realised these 'coincidences,' I saw the pattern that had created new opportunities for the lineage as well as a lot of trauma and sadness. Journeying back I discovered the root cause and was able to liberate the ancestors, and heal this issue for myself, my living family, and those who will be born into this line.

Ancestral healing work also extends to the land the ancestors lived on. A few years ago I took part in a spiritual workshop. On the course we were told that there was a ruined building nearby that was reputed to be haunted. As soon as I saw the building I knew it had been destroyed by fire. There had been a fierce engagement between Scottish and English soldiers and the family who lived in the building lost their home.

Healing the land involved bringing together all those involved in what had happened – the soldiers, the people living in the cottage, those who had ordered the destruction, and the people in government who had made the decisions. As a group of us came together to do the work a much bigger picture emerged about the trauma in the land and the extent of the human drama that had played out.

In order to establish peace and harmony all parties needed to acknowledge and own their part in the situation – as each person had carried a part of the negative karma that had been created in this place. After we had finished our work there was a significant change in the energy of the land. The land felt welcoming and peaceful rather than eerie.

Healing the Line, Healing the Collective

I have come to realise that in healing our ancestral line we heal the human tribe. Is there any place on Earth that has not been touched by war? Has anyone not been affected by trauma?

In the indigenous communities the shamans still know how to ensure that people die well and that the land is healed after a traumatic event. However, in our western world few people have carried out this work in hundreds of years.

As we remember the old ways, we start to clean up the land and the bones of our ancestors. Healing our ancestors' bones, we become aware that ours start to sparkle. And then the strength, power, and potential of our ancestral line can flow into us and into the decedents, instead of being blocked.



This course is designed to help us heal and clear our ancestral line, and open to the power and gifts of light of our lineage. It is a stand-alone course. The only prerequisite is experience in shamanic journeying.



Shamanic Ancestral Course Path of the Eagle 3

**Live Online Course starting
Tuesday 21st January 2025**

This course is a prerequisite for the Advanced Shamanic Practitioner Course in Ancestral Healing which will start on 10th January 2026

Seven Modules: times shown are for the UK, please adjust for your timezone

Module 1: 19.00-20.30, Tuesday, 21st January - **Theme:** Establishing a Link with the Shamanic Ancestors; Meet with the ancestor who works with you & clear the seeds that created unhealthy thoughtforms from the ancestors & your body

Module 2: 19.00-20.30, Tuesday, 28th January - **Theme:** Strengthening the Lineage; The misuse of power has created imbalance, which can lead to addiction, hopelessness & mental dis-ease. Ceremony to restore the power & heal the male and female ancestors

Module 3: 19.00-20.30, Tuesday, 4th February - **Theme:** Shamanic Initiation; Initiation by the 1st Shaman & dedication of our shamanic work to the service of the Earth & all beings

Module 4: 19.00-20.30, Tuesday, 11th February - **Theme:** earning from the Ancestors the Healing Ways of the Earth; The ancestors teach about life on Earth & welcome you. Healing of the land, including ancestral land, curse removal from the land & ancestors

Module 5: 19.00-20.30, Tuesday, 18th February - **Theme:** Ancestral Trauma Release; Trauma release ceremony -revealing and healing the ancestral trauma

Module 6: 19.00-20.30, Tuesday, 25th February - **Theme:** Ancestral Integration Methods; Honouring the spirit team of your ancestors. Receiving spiritual empowerment

Module 7: 19.00-20.30, Tuesday, 4th March - **Theme:** The Ancestors from the Stars and How to Connect with them; Connect to the gift of your star lineage to the Earth. Fire ceremony of gift offering to the Earth. Activation of soul gift

If you miss a module, you can catch up through the video recording

Cost: £399.00 for all 7 modules. **Deposit:** £199.00 to reserve your place.

To book: email The ISIS School on info@isis-school.com Payments can be made through bank transfer (email info@isis-school.com for bank details).

For Shamanic Practitioners who have graduated or are training with The ISIS School of Holistic Health, the course is half-price. For anyone who wishes to repeat the Course it is also half-price. **Total cost:** £200.00. **Deposit:** £100.00. (*Payable through bank transfer*)

All deposits are non refundable and non transferrable.

Circles & Energy Transmissions - November

Fotoula's In Person & Online Shamanic Circle - Monday 19.00-20.30(uk)

Fotoula has been facilitating the Shamanic Circle, the Way of the Drum, since 2009. Investment for each Circle is £18 (£15 conc).

18th & 25th Nov: In Person - venue: Library, Glasgow Theosophical Society, 17 Queens Cres, Glasgow

11th Nov: Online - Ceremony of Renewal

For more information on the Shamanic Circle [click here](#)



Fi's Online Meditation and Chanting Circle - Thursday 19.00-20.30 (uk)

The Circle is open to beginners and experienced practitioners. We harness the power of mantra - sacred sound - to help us awaken the enlightened qualities within us and transform the conditioning that prevents us from experiencing our Divine Self.

November dates: 7th, 14th, 21st, 28th

Cost for the Circle - £10.00. Payment by bank transfer or via PayPal using - fi@isis-school.com. For more information and programme [click here](#)



ISIS Energy Transmissions of the Living Light - November

The ISIS School offers everyone the opportunity to connect distantly with the ISIS Energy Transmissions and experience the high vibration and healing qualities of the Living Light.

Transmission dates for October (19.00-20.00 uk): **6th, 13th, 20th and 27th**

Please email the School: info@isis-school.com if you wish to connect with any or all of these Transmissions. For information on how to connect with the ISIS Energy Transmissions [click here](#)

Rays of Divine Consciousness Transmission - November

Each month the ISIS School offers a Transmission of the Rays of Divine Consciousness that is open to everyone, worldwide. The Rays Transmission is: **19:00-20:00 (uk) Friday 22nd November**. Please check your time zone if connecting from overseas. There is no need to let us know you are connecting with the Rays Transmission.



The ISIS School Calendar of Courses, Events

November 2024

8-10: The Healing Path of ISET, Part 1. Ancient Egyptian Mystery School / Path of ISIS

20-24: Shamanic Soul Retrieval Practitioner **Online, Live.**

30 - 01 Dec: Introduction to Shamanism and Shamanic Journeying **Online Live.**

December 2024

13-15 The Healing Path of ISET, Part 2. Ancient Egyptian Mystery School / Path of ISIS

23: 18:00-21:00 Ceremony: Shamanic Dance of the Sacred Spirits

January 2025

21: January - 04 March weekly on Tuesdays 19:00-20:30 Shamanic Ancestral Healing of our Lineage. **Online Live.**

February 2025

28: Start of the Two Years Priestess of the Moon Programme. **In person.**

March 2025

15-16: Introduction to Shamanism and Shamanic Journeying in person.

28-30: Spiritual Path of ISET - Part 1. Introductory Course for the Ancient Egyptian Mystery School / Path of ISIS Course. **In person**

April 2025

11-13: Spiritual Path of ISET - Part 1. Introductory Course for the Ancient Egyptian Mystery School / Path of ISIS Course. **Online Live.**

May 2025

2-4: The Path of ISET - Gate 2 Ancient Egyptian Mystery School / Path of ISIS Course

13-18: Past Life Regression Therapy Practitioner Course - **In person**

27- 01: June The Rays of Divine Consciousness Residential Retreat - **In person**

June 2025

13-15: AUSIR 1 - Ancient Egyptian Mystery School / Path of ISIS Course

26-29: Shamanic Residential Retreat with Himalayan Shaman Bhola Banstola. Teaching on working with the KILA - the shamanic knife.

The ISIS School Calendar of Courses, Events cont.

July 2025

25-27: The Spiritual Path of ISET - Part 2. Ancient Egyptian Mystery School / Path of ISIS Course.

August 2025

03-09: The Moondance Ceremony with Claudia Wolff in Germany.

September 2025

October 2025

03-05: Starting weekend for Online Shamanic Practitioner Course - two years. Online Live.

09-12: Shamanic Retreat: The Medicine Walk - residential.

17-19 The Healing Path of ISET, Part 1. Ancient Egyptian Mystery School /Path of ISIS Course

November 2025

04-09: ISIS Residential Retreat - The Path of Isis. Open to all who have completed Spiritual Path of ISET, Part 1. Places limited

15-16: AUSIR 2 Ancient Egyptian Mystery School / Path of ISIS Course

20-23: Past Life Regression Therapy Master Practitioner Course. **In person**

December 2025

13-15: The Healing Path of ISET, Part 2. Ancient Egyptian Mystery School / Path of ISIS Course

January 2026

10: Start of the year long Advanced Shamanic Practitioner - Ancestral shamanic healing practitioner. **In person.**

11: Start of the year long Advanced Shamanic Practitioner - Ancestral shamanic healing practitioner. **Online Live.**

We thank everyone for your support and for studying with us